

Sour Cream Beef Burgers

ingredients

1.5 pound lean ground beef

Jalapeño peppers

1 cup

Fresh bread crumbs

4 finely chopped

Green onions

1/3 cup

Sour cream

3 teaspoons

Worcestershire sauce

1/2 teaspoon

Salt & black pepper

here's how

- 1 In a large bowl, mix all ingredients thoroughly.
- 2 Shape into four patties, about 1/2 inch thick.
- 3 Set grill at medium-high heat.
- 4 Cook patties 6 to 8 minutes per side or until desired doneness.