

Taco Soup

ingredients

1 pound

Lean ground beef (or ground turkey)

1 chopped

Onion

1 chopped

Bell pepper

1 can

Kidney beans (undrained)

1 can

Black beans (undrained)

1 can

Chili beans (undrained)

1 can

Green chilies (undrained)

2 cans

Rotel tomatoes (undrained)

1 can

Creamed corn

1 packet

Ranch mix

1 packet

Taco seasoning

1 cup

Water (optional—depending on desired thickness)

here's how

- 1 Brown ground beef, onion, and bell pepper in large pot.
- 2 Stir in remaining ingredients. Simmer for 20 minutes, then serve.

Helpful Hints:

- Makes 8 servings and freezes well!
- Great with tortilla chips.
- Topping recommendations: sour cream, cilantro, shredded cheese